

## · IDEAL SPECIALTY HEROES ·

- #1. THE BIG MIKE** ..... \$10.99  
SALAMI, FRESH MOZZARELLA, OLIVE OIL, SALT, BLACK PEPPER & OREGANO
- #2. THE MICHAEL FRANCESCO** ..... \$12.99  
PROSCIUTTO DI PARMA, FRESH MOZZARELLA, OLIVE OIL & BLACK PEPPER
- #3. THE ROSSVILLE** ..... \$10.99  
CHICKEN CUTLET, FRESH MOZZARELLA, BROCCOLI RABE & BALSAMIC GLAZE
- #4. THE VEGETARIAN** ..... \$9.99  
FRESH MOZZARELLA, FRESH TOMATOES, BASIL, OLIVE OIL, SALT & BLACK PEPPER
- #5. THE VERRAZANO** ..... \$11.99  
HAM, SALAMI, SWISS CHEESE, OLIVE OIL & BASIL MIX
- #6. THE TACCHINO** ..... \$11.99  
TURKEY, FRESH MOZZARELLA, ROASTED PEPPERS, OLIVE OIL, OREGANO, SALT & BLACK PEPPER
- #7. THE GODFATHER** ..... \$10.99  
SWEET CAPICOLA HAM, FRESH MOZZARELLA, SUN-DRIED TOMATOES, VINEGAR, OLIVE OIL, SALT & BLACK PEPPER
- #8. LA LATINA** ..... \$10.99  
HOT CAPICOLA, YELLOW AMERICAN CHEESE, JALAPENOS & HOT STUFFED PEPPERS
- #9. THE SANTINO VINCE** ..... \$10.99  
HOT & SWEET SOPPRESSATA, SHARP PROVOLONE, ROASTED PEPPERS, OREGANO & OLIVE OIL
- #10. THE ITALIAN** ..... \$11.99  
HAM, SALAMI, HAM CAPPY, PEPPERONI, PROSCIUTTO, MORTADELLA, FRESH MOZZARELLA LETTUCE, ROASTED PEPPERS
- #11. THE GREEN GODDESS** ..... \$10.99  
FRESH MOZZARELLA, ROASTED PEPPERS, GREEN PESTO SAUCE, OLIVE OIL & BLACK PEPPER
- #12. THE MAMA D** ..... \$10.99  
BREADED CHICKEN CUTLET, TOMATO SAUCE & FRESH MOZZARELLA
- #13. THE LITTLE PIGGY** ..... \$10.99  
HAM, BOLOGNA, WHITE AMERICAN CHEESE, LETTUCE, TOMATO & MAYO
- #14. WHAT A MEATBALL** ..... \$10.99  
HOMEMADE MEATBALLS, TOMATO SAUCE & FRESH MOZZARELLA
- #15. THE ROCCO CRUZ** ..... \$10.99  
HONEY ROASTED TURKEY, FRESH MOZZARELLA, LETTUCE, TOMATO, VINEGAR, SALT & BLACK PEPPER
- #16. THE HOLY COW** ..... \$10.99  
ROAST BEEF, FRESH MOZZARELLA, LETTUCE, TOMATO, MAYO, SALT & BLACK PEPPER
- #17. LA BELLA** ..... \$10.99  
FRESH MOZZARELLA, GRILLED ARTICHOKE, SUN-DRIED TOMATOES, PESTO SAUCE, LETTUCE & HOT PEPPER FLAKES

All sandwiches are made on *in-house fresh baked heroes* unless otherwise specified\*

ideal fresh



*we now deliver!* 

menu & catering

**OPEN 7 DAYS 6AM-9PM**  
**ORDERS CALL 718.948.8875**

**1006 Rossville Avenue**  
**Staten Island NY 10309**



| idealfresh\_rossville

## buffet catering menu

PENNE VODKA .....	\$45 HALF/ \$90 FULL
PENNE MARINARA .....	\$45 HALF/ \$90 FULL
MANICOTTI .....	\$45 HALF/ \$90 FULL
PENNE (WITH SUN-DRIED TOMATO & BROCCOLI)	\$45 HALF/ \$90 FULL
RAVIOLI .....	\$45 HALF/ \$90 FULL
ORECCHIETTE .....	\$45 HALF/ \$90 FULL
TORTELLINI .....	\$45 HALF/ \$90 FULL
TORTELLINI PESTO .....	\$45 HALF/ \$90 FULL
GREEK PASTA .....	\$45 HALF/ \$90 FULL
LINGUINI (WITH CLAMS)	\$45 HALF/ \$90 FULL
BAKED ZITI .....	\$45 HALF/ \$90 FULL
STUFFED SHELLS .....	\$45 HALF/ \$90 FULL
LINGUINI/ OIL .....	\$45 HALF/ \$90 FULL
PENNE BROCCOLI .....	\$45 HALF/ \$90 FULL
BROCCOLI (WITH GARLIC & OIL)	\$45 HALF/ \$90 FULL
TRI COLOR PASTA .....	\$45 HALF/ \$90 FULL
PENNE/ ZITI (MADE WITH WHOLE WHEAT PASTA)	\$55 HALF/ \$100 FULL
EGGPLANT PARM .....	\$45 HALF/ \$90 FULL
EGGPLANT ROLLATINI .....	\$50 HALF/ \$100 FULL
GRILLED CHICKEN .....	\$55 HALF/ \$100 FULL
CHICKEN FRANCESE .....	\$55 HALF/ \$100 FULL
CHICKEN MARSALA .....	\$55 HALF/ \$100 FULL
CHICKEN PARM .....	\$55 HALF/ \$100 FULL
CHICKEN ROLLATINI .....	\$75 HALF/ \$110 FULL
CHICKEN SORRENTINO .....	\$80 HALF/ \$160 FULL
MEATBALLS IN SAUCE .....	\$50 HALF/ \$100 FULL
SWEDISH MEATBALLS .....	\$60 HALF/ \$120 FULL
SAUSAGE & POTATOES .....	\$50 HALF/ \$100 FULL
SAUSAGE & BROCCOLI RABE .....	\$75 HALF/ \$150 FULL
SAUSAGE (HOT/ SWEET)	\$50 HALF/ \$100 FULL

## buffet catering menu

VEAL FRANCESE .....	\$90 HALF/ \$180 FULL
VEAL MARSALA .....	\$100 HALF/ \$150 FULL
VEAL PARM .....	\$100 HALF/ \$150 FULL
VEAL ROLLATINI .....	\$125 HALF/ \$175 FULL
SHRIMP PARM .....	\$90 HALF/ \$175 FULL
SHRIMP OREGANATA .....	\$90 HALF/ \$145 FULL
FILET OF SOLE OREGANATA .....	\$75 HALF/ \$125 FULL
TURKEY (WITH GRAVY)	\$50 HALF/ \$95 FULL
ROAST PORK .....	\$50 HALF/ \$95 FULL
ROASTED POTATOES .....	\$35 HALF/ \$70 FULL
RED ROASTED POTATOES .....	\$35 HALF/ \$70 FULL
WHITE RICE .....	\$25 HALF/ \$35 FULL
GRILLED VEGETABLES .....	\$45 HALF/ \$90 FULL
CHICKEN WINGS .....	\$50 HALF/ \$100 FULL
CHICKEN FINGERS .....	\$35 HALF/ \$70 FULL
MOZZARELLA STICKS .....	\$40 HALF/ \$80 FULL
BREADED ZUCCHINI .....	\$40 HALF/ \$80 FULL
STUFFED MUSHROOMS .....	\$9.99 (PER LB.)
FRIED RAVIOLI .....	\$25 HALF/ \$50 FULL
PROSCIUTTO BALLS .....	\$25 HALF/ \$50 FULL
POTATO CROQUETTE .....	\$25 HALF/ \$50 FULL
RICE BALLS .....	\$25 HALF/ \$50 FULL
FRENCH FRIES .....	\$25 HALF/ \$50 FULL
PIGS IN A BLANKET .....	\$50 HALF/ \$100 FULL
MASHED POTATOES .....	\$25 HALF/ \$50 FULL
BROCCOLI RABE .....	\$50 HALF/ \$100 FULL
FRIED SHRIMP .....	\$80 HALF/ \$160 FULL
FRIED CALAMARI .....	\$60 HALF/ \$120 FULL
BAKED CLAMS .....	\$15 (PER DOZEN)
SAUSAGE/ PEPPERS .....	\$50 HALF/ \$100 FULL
SEAFOOD SALAD .....	\$19.99 (PER LB.)

## 3-6 foot custom heroes

### /// THE AMERICAN ///

HAM, TURKEY, ROAST BEEF, YELLOW AMERICAN, SWISS CHEESE  
LETTUCE & TOMATO

**PRICE \$19.99** (PER FOOT)

### /// THE ITALIAN ///

HAM, SALAMI, HAM CAPPY, PEPPERONI, PROSCIUTTO, MORTADELLA,  
FRESH MOZZARELLA, LETTUCE & ROASTED RED PEPPERS

**PRICE \$21.99** (PER FOOT)

### /// SPECIALTY HERO ///

FRIED CHICKEN CUTLET ~ GRILLED CHICKEN ~  
FRIED EGGPLANT

*served with fresh mozzarella & roasted pepers*

**PRICE \$24.99** (PER FOOT)

**ALL HEROES INCLUDE:** POTATO SALAD, PASTA SALAD,  
COLE SLAW (1LB. PER FOOT) & CONDIMENT

## ideal jumbo wheel

**INCLUDES:** POTATO SALAD, MACARONI SALAD, COLE SLAW,  
PICKLES, MAYO & MUSTARD.

*tossed salad may be substituted\**

**PRICE \$99** (italian or american or do a combo)

## ideal jumbo boxes

### /// CLASS TRIPS, FIELD DAYS, & PARTIES ///

1 SANDWICH ON A ROLL

**\$6** (PER BOX)

**ADDITIONAL ITEMS:** PIECE OF FRUIT/ BAG OF CHIPS  
1 COOKIE/ 1 BOTTLE WATER/ 1 JUICE BOX/ 1 GRANOLA BAR  
*\$1.50 each additional item\**

## finger wrap platters

### /// ASSORTED WRAPS ON A TRAY ///

TURKEY ~ HAM ~ ROAST BEEF ~ GRILLED CHICKEN ~ EGGPLANT ~  
GRILLED VEGGIES ~ TUNA ~ CHICKEN CUTLET

**SMALL \$65** (feeds 6-8 people)

**LARGE \$100** (feeds 12-15 people)

**WRAPS INCLUDE:** POTATO SALAD, MACARONI SALAD, COLE SLAW,  
PICKLES, MAYO & MUSTARD.

*tossed salad may be substituted\**

## ideal cold cut platter

### /// ASSORTED COLD CUTS ///

POTATO SALAD, MACARONI SALAD & COLE SLAW  
*tossed salad may be substituted\**

**INCLUDES:** MAYO, MUSTARD, PICKLES & PARTY ROLLS

**\$9.99 PER PERSON**

## brick oven hero platters

### /// ASSORTED SPECIALTY SANDWICHES ///

OFF OUR MENU CUT INTO 4. SERVED ON A TRAY.  
*whole wheat available\**

## fruit platter

### /// SKINNED & THINLY SLICED ///

CANTALOUPE, HONEY DEW, PINEAPPLE, STRAWBERRIES,  
RED & GREEN GRAPES

**SMALL \$65** (feeds 12-15 people)

**LARGE \$100** (feeds 20-25 people)

## vegetable dip platter

### /// ASSORTED VEGGIES ///

CELERY, CARROTS, BROCOLLI & OUR GARDEN  
HARVEST VEGETABLE DIP

**SMALL \$65** (feeds 12-15 people)

**LARGE \$100** (feeds 20-25 people)

## ideal platters

### /// ANTIPASTO PLATTERS ///

HOT OR SWEET DRY SAUSAGE ~ SWEET OR HOT DRY SOPPRESSATTA ~  
PEPPERONI ~ ROASTED PEPPERS ~ MIXED OLIVES ~ GREEN OLIVES ~  
SUN DRIED TOMATOES ~ ARTICHOKE HEARTS ~  
MARINATED MUSHROOMS ~ RICOTTA SALADA ~ CILLINGINE ~  
KALAMATA OR GAETA OLIVES ~ BOCCONCINI ~ BANANA PEPPERS ~  
HOT OR SWEET STUFFED PEPPERS

**SMALL \$90** (6 options, feeds 6-8 people)

**LARGE \$175** (7 options, feeds 20-25 people)

## fresh mozzarella & tomato platter

### /// ASSORTED CHEESE ///

SLICED FRESH OR SMOKED MOZZARELLA & BEEFSTEAK TOMATO  
GARNISHED W/ BASIL & ROASTED PEPPERS

**SMALL \$65** (feeds 10-12 people)

**LARGE \$100** (feeds 20-25 people)

**50% deposit required** upon ordering  
**remaining balance** paid upon delivery or pickup



## homemade spread platter

/// SPREAD LOVE, IT'S THE BROOKLYN WAY ///  
VEGETABLE, SCALLION, WALNUT RAISIN, LOX SPREAD,  
CREAM CHEESE & BUTTER

**SMALL \$65** (feeds 25-30 people)  
**LARGE \$100** (feeds 45-50 people)

## homemade salad platter

/// HOMEMADE CLASSICS ///  
TUNA SALAD, EGG SALAD, CHICKEN SALAD

**SMALL \$65** (feeds 12-15 people)  
**LARGE \$100** (feeds 20-25 people)

## fresh salads

/// TOSSED GREEN SALAD ///  
ICEBURG LETTUCE, ROMAINE LETTUCE, CUCUMBERS,  
RED ONIONS, GRAPE TOMATOES, BLACK OLIVES &  
ROASTED PEPPERS

**SMALL \$25** (feeds 10-15 people)  
**LARGE \$40** (feeds 15-20 people)  
**DEEP \$65** (feeds up to 30 people)

/// TRI COLOR PASTA SALAD ///  
DE CECCO TRI-COLOR PASTA, BROCCOLI, RED ONIONS,  
GRAPE TOMATOES, LOCATELLI PECORINO ROMANO CHEESE,  
PARSLEY, OLIVE OIL, RED WINE VINEGAR, SALT & PEPPER

**SMALL \$35** (feeds 10-15 people)  
**LARGE \$60** (feeds 15-20 people)  
**DEEP \$95** (feeds up to 30 people)

## ciliequine salad

/// ORIGINAL RECIPE ///  
CILIEGINE FRESH MOZZARELLA, GRAPE TOMATOES,  
RED ONIONS, CRUSHED RED PEPPERS, FRESH BASIL,  
OLIVE OIL & RED WINE VINEGAR

**SMALL \$50** (feeds 10-15 people)  
**LARGE \$75** (feeds 15-20 people)  
**DEEP \$125** (feeds up to 30 people)

## classic caesar salad

/// SALAD IS GOOD, CHEESE IS BETTER ///  
ROMAINE LETTUCE, RED ONIONS, GRATED PARMESAN,  
CROUTONS, OLIVE OIL & CREAMY DRESSING

**SMALL \$40** (feeds 10-15 people)  
**LARGE \$65** (feeds 15-20 people)  
**DEEP \$100** (feeds up to 30 people)



# Thank You!

for being our valued customer.  
We appreciate your business  
and we look forward to serving  
you in the future.

Sincerely,

**ideal** *fresh*